



KCCRT CONNECTION

Kentucky Community Crisis Response Board

December 2018

2018 Reflections

As we prepare to roll in a new year it is natural to stop and take stock in the events impacting our lives over the last 12 months. Individually, each of us can recount events that made us laugh, cry, smile, or reflect. We have witnessed the circle of life through celebrating the joy of new life and mourning the passing of a loved one. We have experienced the fear and anxiety of uncertainty and the excitement and nervousness of new beginnings. Throughout the year, no matter the county or region, our KCCRT members supported and encouraged each other through life's journey. Not only did you support each other but you stepped up to help others coping with a trauma. YOU made a difference.

In this quarter's issue of the KCCRT Connection, you will get a glimpse of the impact made by our team. The impact and reach of our team members goes far beyond the responses we make. Our volunteers step up and answer the call—for responses, committees or events to keep the KCCRB moving forward.

The KCCRB staff wishes each of you the happiest of holidays. Thank you for all you do!

Deborah, Kelli, Tammy & Angela

FY 2019 Activities

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On November 30th WHAS-11, a Louisville TV station, came to the KCCRB office to conduct interviews for an upcoming piece on PTSD in first responders. The reporters interviewed Deborah Arnold, KCCRB Executive Director, and Officer Jeremy Davis, Chaplain with the Radcliff Police Department and a KYLEAP team member. The story will air December 17th—21st.



KCCRB LEADERSHIP

KCCRB Governor Appointments

The following individuals were appointed as members of the KCCRB by Governor Matt Bevin through Executive Order 2018-686.

Appointee	Discipline Represented	Term Expiration
Travis Tennill	Emergency Services	June 20, 2019
John Gosper	Emergency Services	June 20, 2019
Donna Woodward	Mental Health	June 20, 2019
Wayne Herner	Mental Health	June 20, 2019
Billy Bratcher	KCCRT Member	June 20, 2019
Allen Canterbury	Chaplains	June 20, 2020
Bob Kerr	Mental Health	June 20, 2020

These new appointees join the other board members as designated by KRS 36.255.

Board Member	Agency Represented
Sherri Clusky, Board Chair	Department of Education
Charles Scheffler	Department for Behavioral Health, Developmental & Intellectual Disabilities
Heather Walls	Department for Public Health
Richard Peddicord	KY State Fire Marshal
Stephanie Robey	KY Division of Emergency Management
Robin Mohon	Office of the Attorney General
Helen Ostien	American Red Cross

Committees



Sherri Clusky,
Board Chair



Lee Twombly,
Training Committee Chair

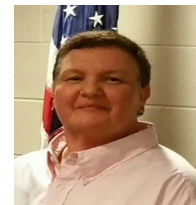


Greg Wilder,
Membership Committee Chair

KCCRB Staff



Deborah Arnold,
Executive Director
Deborah.m.arnold2.nfg@mail.mil



Kelli Robinson,
Dep. Exec. Director /
Team Coordinator
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Tammy Napier,
Chief Financial Officer
Tammy.l.napier2.nfg@mail.mil



Angela Roberts,
Preparedness & Training Coordinator
Angela.l.roberts32.nfg@mail.mil

KCCRT ACTIVITIES RESPONSES

Response Information by Region—1st Quarter (July—September)

Region	Responses	Interventions	Individuals Served	Team Members Responding	Estimated Hours of Service
2	3	8	52	6	6
3	1	4	11	3	4
5	1	5	97	5	5
6	3	12	53	9	12
8	1	2	3	2	2
11	2	6	64	6	6
12	2	9	29	10	9
Grand Total	13	46	309	41	44

35% of individuals served were first responders

Disciplines assisted were:

- School (130)
- Firefighters (98)
- Business / Industry (29)
- Public Health (26)
- Medical Personnel (11)
- Family Support (7)
- EMS Personnel (5)
- Dispatch (3)
- Community members (3)
- Emergency Management (2)
- Law Enforcement (1)



Response Survey comments:

- 20185650 "Wonderful service from wonderful people."
- 20184760 "I have always found your [sic] all to be very responsive to our needs. Thank you"
- 20185333 "Peer team members responded on very short notice and presented themselves in a professional but understanding manner."
- 20184534 "The responding personnel were an absolute pleasure to work with. They were professional and compassionate, with a broad range of experiences to draw from. Our community is fortunate to have a resource such as this to rely on in our times of need."



KCCRT MEMBERS

Welcome!

The following individuals have joined the KCCRT since July.

R E G I O N	L E V E L	N A M E	D I S C
2	L2	Billy Braden, II	LEO
2	L2	Curtis Crick	LEO
2	L2	Michael Felts	LEO
2	L2	Jon McGehee	LEO
4	L2	Chad Powell	LEO
4	L2	Sarah Powell	DIS
5	L2	Jeremy Davis	LEO
6	L2	Larry Bennett	Chap—LEO
6	L2	John McGuire	LEO
7	L2	Gayle Zinda	FB
9	L2	Greg Watts	LEO
11	L2	Gabe Gillingham	LEO
11	L2	Mike Keyser	LEO
11	L2	Stan Salyards	LEO

There are currently 9 applicants in the process of becoming KCCRT members.

Congratulations!

The following team members successfully renewed their membership.

REGION	LEVEL	N A M E	D I S C
1	L2	Caroline Johnson	EMT
5	L2	Pamela Puckett-Hulsey	EMT
6	L2	Mike Freville	BH
11	L2	Russ Clark	DIS
11	L2	Bill Deutsch	Chap—F
11	L5	Bob Kerr	BH

The following regions achieved 50% or greater attendance during the FY 19 Quarterly Team Training (Q1 July—Sept).

Region	Q1
1	64%
3	50%
7	63%
11	50%
12	100%

One Team. One Mission.



TRAINING INFORMATION

Upcoming KCCRT Quarterly Trainings

Region	Training	Date	Time	Location
1	Q3	01-24-2019	6:00 PM CST	TBD
2	Q3	01-14-2019	TBD	TBD
3	Q3	TBD	3:00 PM CST	1215 High St., Bowling Green
4 / 10	Q3	02-07-2019	5:30 PM EST	168 Substation St., London
5	Q2	12-17-2018	7:00 PM EST	Video / Conference Call
	Q3			TBD
6	Q3			TBD
7	Q3			TBD
8	Q3	03-05-2019	6:00 PM EST	St. Claire Regional Medical Center
9	Q3			TBD
11	Q3	01-10-2019	6:00 PM EST	1375 Old Frankfort Pike, Lexington
12	Q2	12-10-2018	10:00 AM EST	KCCRB Office
	Q3			TBD

2019 Annual Team Training

CIRCUS of Stars

When: April 12—13, 2019

Where: Capital Plaza Hotel—Frankfort

The 2019 ATT Planning Committee has been hard at work since May to make the 2019 conference a great one. This team has worked to ensure all KCCRT members have an opportunity to network, have fun and learn from various experts.

Information on the 2019 Annual Team Training is being shared through quarterly team trainings, the KCCRT Facebook group, emails, and the KCCRT Team Portal.

Registration information will be going out in January.

KCCRT Feedback

Earlier this year you may have noticed a request for your feedback on your quarterly training agenda. Or, you may have received an email after the training. Your feedback is vital to ensuring a quality training program exists for the KCCRT. When you see the QR code or a web link please take a few moments to take the survey.



SPECIAL PHOTO SECTION

KCCRT IN ACTION

CSEPP 2018



In September, the KCCRT participated in the annual CSEPP exercise on three different days. Pictured above are KCCRT members Nancy Wilson, Atticus, Connie Adams, and Doug Hindman at the Berea Decon site.

The photos below show KCCRT members Shirley Green and Reese, Kelli Robinson, and Tammy Napier providing assistance at the University of Kentucky Hospital in Lexington.



SPECIAL PHOTO SECTION

KCCRT IN ACTION

Northern KY Active Shooter Exercise



On October 4, 2018, the KCCRB staff travelled to Northern Kentucky to participate in a full-scale active shooter exercise at a local school. The exercise involved multiple response agencies from the local, regional and state level. The KCCRT practiced providing intervention services to the actors portraying students and parents at the school's family reunification center.



In August the KCCRB Board of Directors held the first FY19 quarterly meeting. At this meeting Christian Ulrich, outgoing Board Chair, was recognized for his service and incoming Chairperson Sherri Clusky assumed her new role. Above right, Deborah Arnold poses with both Sherri and Christian.



The second quarterly meeting of the KCCRB Board of Directors was held in October. Most of the newly appointed members of the board attended the meeting at the KCCRB office in Frankfort. Other members that were unable to attend in person joined the meeting via conference call.

RESOURCES

First Responder Articles

[Disaster mental health: Meeting the unique needs of first responders](#)

[Enduring grief: Coping with first responder loss](#)



Firefighters

[Rates of PTSD in Firefighters](#)

[Study says: 65% of 7,000 firefighters across the nation are haunted by memories of bad calls](#)



EMS

[How One Paramedic is Recovering from PTSD](#)

[What is vicarious trauma and how to prevent it in EMS](#)



Law Enforcement

[I-Team: Nearly 1 in 5 Cops Has Considered Suicide Amid Stigma Around Mental Health Issues](#)

[Cops and PTSD](#)

[PTSD: 'The Dirty Little Secret of Law Enforcement'](#)



E911 / Dispatchers

[CISD: Include Your Dispatchers](#)

[911 Dispatchers at Risk for PTSD](#)



First Responder Families

[Why families of first responders are the silent victims](#)

[5 signs your paramedic spouse has PTSD](#)

Video Clips—Impacts of Traumatic Events

[MASH—Hawkeye's Trigger](#)

[WYMT—1958 Floyd Co. Bus Crash](#)

[Chicago Med— Firefighter PTSD](#)

[KMSP—Invisible Dangers](#)

KCCRB Article



[The Bridge](#)

ANNOUNCEMENTS

MEMBERSHIP INFORMATION

TEAM MEMBER WEB PORTAL!

This Portal on our website is restricted to members only. Here you will find brochures, forms, and reports for your use.

- ♦ **STEP 1: Go to:** <http://kentucky.gov/register/Pages/default.aspx> and register. You will need your username and password to access members only area.
- ♦ **STEP 2: Send your USERNAME to Kelli at** m.k.robinson.nfg@mail.mil

If you are experiencing difficulty accessing the Team Portal, please contact the office of Kentucky.gov / Kentucky Interactive, LLC at 502-875-3733.

Have any of the following information changed?

- ♦ Name
- ♦ Address
- ♦ Phone
- ♦ Email
- ♦ Employment status/agency
- ♦ Emergency contact info

If anything has changed we need you to update your info.

- ⇒ Complete a Membership Update form
- ⇒ Email or phone the KCCRB office

*May you unwrap
Peace, Joy and Prosperity
This Holiday Season.*

**Happy
Holidays!**



INFORMATION SHARING

STAY CONNECTED LINKS (Control+Click)

FACEBOOK (for team members only)

FACEBOOK (public page)

KHELPS

TEXT MESSAGE (Important Info Blasts) Text 40404 with message "Follow KCCRT1"

TWITTER (Important Info Blasts)

INSTAGRAM

LINKEDIN



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